



Acts 1:8 "But you will receive power when the Holy Spirit comes on you; and you will be my witnesses in Jerusalem, and in all Judea and Samaria, and to the ends of the earth."

### God brought you here today for a purpose.

Today is not an accident! It's a divine appointment between you and God.

#### He wants to speak to you.

Take a moment, along with anyone who came with you, to reflect on these questions:

- 1 ) What do you believe God created you to do?
- 2 Where have you placed your hope?
- (3) What are you asking God to do, for you or for someone you love?

"So do not fear, for I am with you; do not be dismayed, for I am your God. I will strengthen you and help you; I will uphold you with my righteous right hand." Isaiah 41:10 (NIV)

Page 1-2

**Testimonials** 

Discover powerful stories of how God showed up and changed lives.

Page

3-4

**Daniel Fast** 

Dive into our 7-day fast and discover its meaning, purpose, and how it can transform your life spiritually.

Page

5

**Get Connected** 

Learn how to get involved, build relationships, and become an active part of the Church community.



# **SERMON NOTES**

# **TESTIMONIALS**



 $\left(1\right)$ 

#### Reon

My 83-year-old grandmother had a minor stroke in May. Even though the doctors said it was mild, she couldn't talk or move well. But just one day later, she could stand up. Two days later, she was walking. By Friday, she was home testifying to God's goodness. She was able to clearly tell me everything she experienced in the hospital. She said God protected her because at first she didn't want to go to the hospital. It was God who intervened just in time. He cared for her when she needed Him most. His power was clearly shown in her recovery.

3

#### Evelyn

In December 2024, God blessed me with a promotion at work. I had been praying for three months because I had a lot of pain in my back and legs. I asked God for a job where I could still serve people, earn income, and not be on my feet so much. I had been offered this position before and turned it down twice. But this time, I asked God for it with all my heart. He heard my prayer and granted it. In addition to better physical conditions, I also got a raise and benefits. Now I can continue to share His love with others while working. I'm so thankful for His grace in my life. God is faithful when we trust in Him.

5

#### Taiana

Last year, God blessed my business and I was able to save for the slow months of January through March. For the first time, we gave Emma's first paycheck as a firstfruits offering, fully trusting in God. Shortly after, Emma left her job to serve at church, which changed our finances. Since April, I've had almost no work, but God has provided supernaturally. I began to serve more at church, and God sent us offerings, early-paying clients, and many blessings. He even took care of details like the gym membership. I also prayed a lot for my son Liam, who has autism and needed therapies to be in a regular classroom. We couldn't find a center with availability, but I decided to rest in God. Recently, the teachers told us that due to his progress, he will be in a regular kindergarten classroom. God took care of everything without me lifting a finger—just trusting.

2

#### Karla

I had a routine physical checkup, and the results showed abnormal cells in my uterus. They told me I needed a biopsy to see if the cells were cancerous. Maria García prayed for me. We declared healing and believed that God would repair what was damaged. She even went with me the day of the procedure. They said the results would come in a few days. Though I was nervous, I trusted God. When I got the call, they told me everything was fine and nothing bad was found. I was so relieved and gave all the glory to God. His faithfulness sustained me during the wait. Today, I can testify that God still heals. He took care of me every step of the way.

4

#### Elizabeth

I got married for the first time in 2009, but the marriage ended in divorce due to immaturity and lack of God's guidance. Later, I met a wonderful man, but I pushed him away because of my pride. I drifted from church, from God, and lived by my own will, not caring about the damage I caused. I started a non-committed relationship with someone I thought was far from God. But one day he surprised me by saying he wanted to do things right and go to church. We came to iChurch with no expectations, but the Holy Spirit met me and embraced me like never before. Weeks later, we knew that this was our place. At the Sana conference, we asked for a miracle: to have a child—something that seemed impossible. A month later, I got married again, this time believing in God, not just a man. On our honeymoon, I got pregnant, and today we have a beautiful daughter and another on the way. God restored my life, my character, and my family. Now I live to testify that He can heal any story.

(6)

#### Jesús and Angélica

Last November, my husband Jesús had a stroke. He spent three days under observation in the hospital. Thank God, he was able to return home on Saturday morning. And the very next day, we were at church at 6 a.m. serving on the parking team. We didn't stop serving, trusting that God was in control. That decision impacted many and strengthened our faith. We've seen God work in our health and our service. He has been faithful to us. We know that while we care for His house, He takes care of ours. It is an honor to serve Him with all our heart.

# **TESTIMONIALS**



(7)

#### Kerin

Starting a business hasn't been easy; I've often doubted myself and felt limited by my circumstances. But despite it all, God has been my strength and my support. Every step I take, I take by faith, believing that if He placed this dream in my heart, He will also provide the resources. This is a testimony of the process. Even though I haven't reached the final goal, I've seen how God opens doors with each step I take. When thoughts of defeat come, I cling to His promises. Isaiah 41:10 reminds me not to fear because He is with me. 2 Corinthians 12:9 assures me that His power is made perfect in my weakness. Even if my circumstances aren't ideal, I trust a perfect God. He has been my advocate, my provider, and my support. I keep walking by faith, not by sight. And I know that if He is with me, everything is possible.



#### Cindy and Wayne

I wanted to share an incredible testimony about my husband, Wayne. We went to Baptist hospital on Friday, expecting to possibly be admitted, but we never even had to stay. When they did the echocardiogram, the doctor left the room and Zoom-called two other surgeons. After reviewing everything, he said to them, "What you're saying is wrong is not here. I would say he is healed. He doesn't need a heart or a pump." Praise God—He healed Wayne again! It's so amazing. They're still doing more testing to see if Wayne's body could receive a heart, but even though he's doing so well, he's actually not eligible. The doctor just kept shaking his head, putting it down, and giggling a little. He said, "I have never come across a person that has come from what you did to be okay—and so much better." But we have! We know it's all because of God. We are praising Almighty God! Amen and amen!

This is what the LORD says: Keep your voice from weeping and your eyes from tears, for the reward of your work will come - this is the LORD'S declaration - and your children will return from the enemy's land. There is hope for your future. This is the LORD'S declaration - and your children will return to their own territories.

Jeremiah 31: 16-17

8

#### Sharon

I have two prodigal daughters, 26 and 31, who abandoned their faith after college. For years, I prayed for them with a "wishful" attitude. One Sunday morning, the Lord spoke to me through the sermon on the fig tree (where leaves signify expected fruit). It reminded me that Faith is believing without seeing. I repented from my weak prayers and since that day I committed to praying and believing that God was working in my daughter's lives even though I can't see it. This May, during my "Praying My Prodigals Home" scripture writing, I committed my daughters to God, believing He was working even unseen. On May 10th, answers came. My elder daughter's boyfriend left her, a direct answer to my prayer for God to remove anything hindering her return. That same day, my younger daughter and her boyfriend encountered a ministry coffee truck and received Psalm 46:10, "Be still and know that I am God." Amazingly, God had given me that same verse earlier! A week later, I drew that exact verse from a jar, confirming God's active work in their lives. God hears and responds to our prayers prayed with FAITH. Believe the Lord is good and loves the ones you love even more than you do. He is a faithful Father and can be trusted with our children. And what He does for one of His children He will certainly do for every other one.

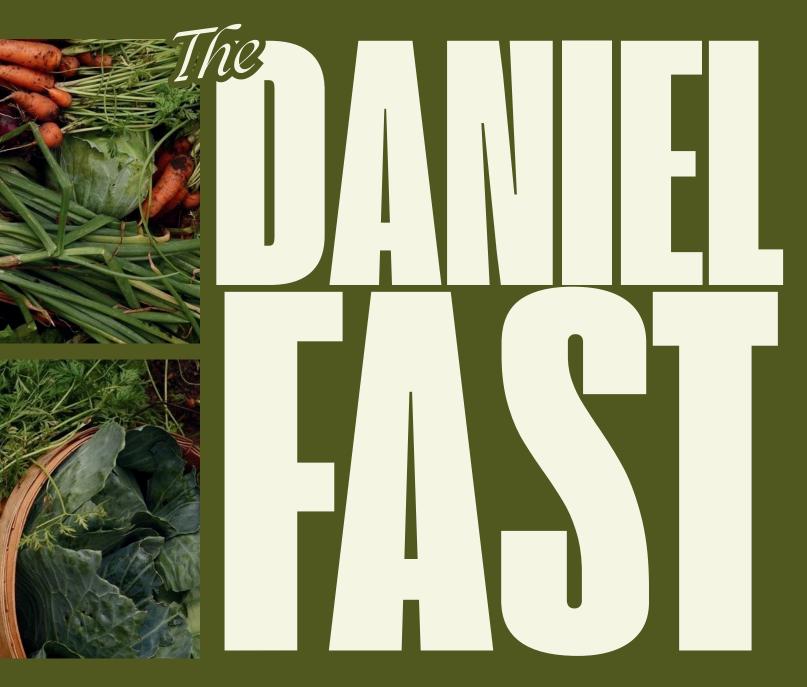


#### Lauren and Cristian Negro

My wife and I prayed for a baby for over three years, clinging to God's promise despite monthly disappointments. We wanted God to receive all the glory, so after a doctor recommended medication, we declined, lacking peace about that path. We continued to wait.

In January 2025, a guest pastor declared God was opening a woman's womb. At that very moment, my wife was in the nursery, praying that exact prayer. Though she didn't hear it firsthand, messages from others confirmed God was speaking directly to us. This brought a shift—true surrender and unshakable peace. Two months later, we found out we were pregnant. As the word appeared, my wife saw a vision of God beaming with joy, like a loving Father finally giving His child what they longed for.

7 Days of Fasting



Daniel 1:12
"Please test your servants... Give us nothing but vegetables to eat and water to drink."



# DANIEL FAST

\*DANIEL FAST

In Daniel Chapter 1 we learn about the Daniel fast. When Daniel and his three friends (Hananiah, Mishael, and Azariah) were taken captive to Babylon, they were chosen to be trained to serve in King Nebuchadnezzar's palace. Part of their training included eating rich food and wine from the king's table. However, Daniel didn't want to defile himself with this food, so he asked permission to eat only vegetables and drink water instead.

Daniel requested a test: if he and his friends looked healthier than the others afterward, they could continue their diet. The official agreed. After 10 days, they appeared stronger and healthier than the young men who ate the king's food, so they were allowed to continue their plant-based diet. As a result of their obedience, God gave them knowledge, wisdom, and understanding.

On June 23rd, we begin 7 days of the Daniel Fast. As we draw nearer to the Lord, He will bless us with knowledge, wisdom, and understanding.

## FOOD GUIDE



Foods you can eat (Plant Based Only)

 Fruits (fresh, frozen, or dried with no added sugar)

Examples: apples, bananas, berries, oranges, grapes

• **Vegetables** (fresh, frozen, or cooked with no additives)

Examples: carrots, spinach, broccoli, potatoes, kale

Whole Grains

Examples: brown rice, oats, quinoa, whole wheat pasta, barley

Legumes

Examples: lentils, black beans, chickpeas, peas

• Nuts & Seeds (raw, unsalted)

Examples: almonds, sunflower seeds, walnuts, chia seeds

Natural Oils (for cooking in moderation)

Examples: olive oil, coconut oil, avocado oil

• Water (main beverage)

You may also have 100% fruit juice in small amounts (no sugar added)



Foods to Avoid

- Meat, poultry, or fish
- Dairy products (milk, cheese, butter, yogurt)
- Processed foods
- Refined grains (white rice, white bread, etc.)
- Sugar or sweeteners (including honey, syrup, candy)
- Caffeine or soda
- Fried foods or junk food
- Baked goods with leavening (like yeast or baking powder)

Scan the QR code to Join the 7-Day Daniel Fast Group, If you desire to participate in a different type of fasting, you are more than welcome to do so.





# **GET CONNECTED**









## **Next Steps**

Take the next step in your faith journey join us for our Membership & Baptism Celebration on August 10! Celebrate new life in Christ and publicly declare your commitment to Him. Sign up today!

## **Inspire Institute**

Unlock deeper biblical wisdom and spiritual growth with Inspire Institute—where faith is strengthened, purpose is revealed, and lives are transformed. Take the next step in your journey toward a greater understanding of God's Word and His calling for your life -occurring every first and third Wednesday of the month!

## Join a Small group

Live life connected – To God, to others, and to your purpose. Embrace relationships that build you, faith that strengthens you, and a calling that guides you. Join a Connect Group today.

